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Importance of PGC-1 α gene expression in Egyptian hemodialysis patients

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Abstract

Introduction

The peroxisome proliferator-activated receptor γ coactivator-1 α (PGC-1 α) is an upstream transcriptional regulator of mitochondrial biogenesis and function. Its function is immediate elimination of reactive oxygen species to get rid of their cellular destruction sequelae. Decreased PGC-1 α count and less mitochondrial function take part in renal failure. COX6C gene encodes mitochondrial oxidative phosphorylation proteins. Reaction of excessive reactive oxygen species with linolenic acid results in malondialdehyde (MDA) as a breakdown product. It is an important marker for evaluating oxidative damage.

Patients and methods

A total of 58 hemodialysis (HD) patients in the National Institute of Urology and Nephrology and 20 apparently healthy participants as controls were enrolled in the study. PGC-1 α and COX6C gene expressions were assessed by quantitative real-time PCR. Plasma MDA was assayed by ELISA. We followed up patients for 50 months for cardiovascular disease (CVD) and mortality.

Results

PGC-1 α expression level was insignificantly downregulated ($P = 0.07$), COX6C gene expression level was significantly downregulated ($P < 0.001$), and plasma MDA level was significantly higher ($P < 0.001$) in HD patients than in controls. There was a significant negative association between PGC-1 α expression and MDA in both HD patient and control groups ($r = -0.73$ and $r = -0.76$, respectively; $P \leq 0.001$ for both). We also found in patients who developed HD-related CVD, lower PGC-1 α gene expression ($P < 0.001$), lower COX6C gene expression ($P < 0.001$), and higher plasma MDA level ($P < 0.001$) when compared with HD patients without CVD. By multivariate regression analysis, we found that PGC-1 α gene expression was an independent predictor factor ($P < 0.001$) of CVD development.

Conclusion

PGC-1 α could be a risk factor for occurrence of HD-linked CVD. Pharmacological modification of PGC-1 α protein activity might be a hopeful therapeutic way to minimize oxidative stress-related clinical complications in HD patients.

Keywords: Cardiovascular disease, hemodialysis patients, PGC-1 α gene

INTRODUCTION

Chronic kidney disease (CKD) is a great general health problem leading to significant economic and communal load [1]. CKD is an independent risk factor for cardiovascular disease (CVD) morbidity and mortality. Patients with CKD and end-stage renal disease (ESRD) have a 5- to 10-fold higher risk for developing CVD compared with controls [2]. CVD mortality is approximately twice as high in patients with third-stage CKD (estimated glomerular filtration rate 30–59 ml/min per 1.73 m²) and three times

higher at fourth stage (15–29 ml/min per 1.73 m²) compared with normal kidney function participants. It was found that the incidence of cardiovascular mortality in patients with mild to moderate CKD is much higher than the incidence of ESRD [3].

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In the patients with CKD, CVD ranges from arterial vascular diseases such as atherosclerosis and arteriosclerosis to heart failure, which is dominant at advanced stages. Not only traditional cardiovascular risk factors, such as hypertension and diabetes, can explain the severely increased cardiovascular burden in these patients with CKD but also oxidative stress (OS) and chronic inflammatory state as the nontraditional CKD-related risk factors are included in CVD pathogenesis [4].

In hemodialysis (HD) patients, bad clinical consequences are due to inflammation as a result of periodontal disease, bio-incompatible dialysis membranes, impure dialysate, vascular access, malnutrition, and CVD [5].

Enhanced prooxidant activity [6] and reduced antioxidant mechanisms [7] related both to ESRD and HD processes lead to increased OS in HD patients [8]. Cellular destruction occurs due to reaction of excessive reactive oxygen species (ROS) with proteins, lipids, and nucleic acids. Oxidation of polyunsaturated fatty acids such as linolenic acid results in malondialdehyde (MDA) as a breakdown product. It is an important marker for evaluating oxidative damage [9]. It causes mutation and has cytotoxic effects by reaction with DNA and proteins [8]. It may be included in the pathogenesis of many diseases such as atherosclerosis [9]. MDA levels increase with the severity of renal dysfunction and in HD patients with long dialysis time [10].

ROS are molecules derived from oxygen that can easily oxidize other molecules. ROS have a physiological role at low levels and take part in evoking reproduction and survival in stress conditions, but enhanced or chronic stress results in excess mitochondrial ROS production, which will lead to more mitochondrial abnormality and cellular destruction [11].

The kidney is the next organ only to the heart in oxygen utilization and mitochondrial profusion. Proximal tubules give rise to ATP mostly through mitochondrial oxidative phosphorylation [12].

There are mitochondrial dysfunctions in CKD owing to the presence of alteration in mitochondrial shape and structure, increased mitochondrial OS, and remarkable reduction in mitochondrial biogenesis and in ATP output [13].

The peroxisome proliferator-activated receptor γ coactivator-1 α (PGC-1 α) is considered as the chief inducible upstream transcriptional regulator of mitochondrial biogenesis and function [14]. PGC-1 α is a coactivator because it interacts with other transcription factors, involving peroxisome proliferator-activated receptor α/β and nuclear respiratory factor 1 and 2 [15]. Enhanced mitochondrial biogenesis occurs by rising cellular PGC-1 α amount, leading to increased mitochondrial count, oxidative phosphorylation, and ROS production. The function of PGC-1 α in regulating oxidative procedure is known as a 'clean energy program', as ROS are originated and immediately eliminated to get rid of their cellular destruction sequelae [16]. Decreased PGC-1 α count,

mitochondrial loss, and less mitochondrial function take part in several metabolic diseases, including renal failure [14].

COX6C gene is also one of the genes encoding mitochondrial oxidative phosphorylation proteins. A big number of the genes distinguishing CKD and HD patients from healthy individuals were included in the synthesis of important nuclear-encoded structural subunits of the oxidative phosphorylation complexes. COX6C encodes for a subunit of the cytochrome c oxidase (COX or complex IV), which is the terminal enzyme of the mitochondrial respiratory chain inducing the transport of electron from reduced cytochrome C to oxygen [17].

The aim of the present study was to evaluate PGC-1 α expression in patients with ESRD on HD as an index of mitochondrial oxidative dysfunction and its relation to HD-related cardiovascular complications.

PATIENTS AND METHODS

Our study included 58 patients with ESRD on maintenance HD three times a week for 4 h per session (through arteriovenous fistulas) in the National Institute of Urology and Nephrology and apparently healthy participants as controls. Institutional Ethics Committee approval and written informed consent were obtained from all the participants before the study. Patients with diabetes mellitus, CVDs, systemic autoimmune diseases, malignancies, inflammatory diseases, patients with infectious diseases receiving corticosteroids or anti-inflammatory drugs, pregnant women, and unwilling patients were excluded.

The patients were followed up for 50 months to assess the development of HD-related CVD morbidity and mortality.

All the study participants were subjected to the following investigations: renal function tests, high-sensitivity C-reactive protein, lipid profile, and complete blood counts using commercial kits. Low-density lipoprotein (LDL)-cholesterol was calculated with Friedewald formula: LDL-cholesterol = total cholesterol - (high-density lipoprotein-cholesterol + triglycerides/5) [18].

Plasma MDA was assayed using ELISA commercial kits (Wuhan EIAab Science, Wuhan, China), according to the manufacturer's protocol.

PGC-1 α and COX6C gene expressions were determined by quantitative real-time PCR. Total RNA was isolated by QIAamp RNA Blood Mini Kit (Qiagen, Hilden, Germany) according to the manufacturer's instructions. By Nano drop 2000/2000c spectrophotometer (Thermo Scientific, Cambridge, Massachusetts, USA), we measured the concentration and purity of RNA. Total RNA was kept at -80°C until further analysis.

Reverse transcription of purified RNA was performed to synthesize cDNA using the QuantiTect cDNA Reverse Transcription Kit (Qiagen, GmbH, Hilden, Germany), following the manufacturer's instructions. Overall, 1 μ g of purified RNA was added to the reverse transcription reaction

mix in a total volume of 20 μ l. The reaction mix was incubated in Biometra thermocycler at 42°C for 15 min, then 95°C for 3 min to inactivate Quant script Reverse Transcriptase. cDNA was stored at -20°C for real-time PCR.

For real-time PCR amplification reaction, we used 2 \times Universal PCR Master Mix, PGC-1 α and COX6C Gene Expression Assay (Assay ID: QT00001190 and QT00221137, respectively) and cDNA in a total volume of 25 μ l according to manufacturer's instructions (QuantiTect real-time PCR using SYBR Green I, Qiagen). Thermal cycling was performed on Rotor-gene Q System and included activation of Taq polymerase at 95°C for 5 min followed by 40 cycles at 95°C for 5 s for denaturation and 60°C for 10 s for annealing and extension. Amplification specificity was controlled by a melting curve analysis. A negative control (no template control) was included in each run. We used glyceraldehyde-3-phosphate dehydrogenase as a normalization gene (Gene Expression Assay ID: QT0079247).

For data analysis, we used Rotor-gene Q Software (Qiagen, GmbH, Hilden, Germany) for data processing. We relatively quantified PGC-1 α and COX6C gene expression by calculation using the comparative C_t method ($2^{-\Delta\Delta C_t}$) and presented as a fold change relative to the control group.

Statistical analysis

The analysis was conducted with the use of SPSS statistical software package, version 23, for MAC. (Armonk, New York, United States). Categorical data were compared between HD and control groups using the χ^2 test, or Fisher's exact test. Quantitative data were expressed as median and interquartile range, and we used Spearman's correlation test and Mann and Whitney test. Variables that were statistically significant on univariate analysis were introduced into a logistic regression model to detect independent predictors of CVD and mortality in HD group. All tests were bilateral, and a P value less than 0.05 was considered statistically significant.

RESULTS

The study patients were from the National Institute of Urology and Nephrology. A total of 58 patients with ESRD on maintenance HD and 20 controls were enrolled in the study. Patients' ages ranged from 22 to 58 years. They consisted of 26 (53.1%) males and 32 (46.9%) females. The mean duration of HD was 97 ± 50 months. The main causes of CKD were hypertension in 22 cases, tubulointerstitial diseases in 14 cases, glomerulonephritis in nine cases, adult polycystic kidney disease in four cases, and unknown in nine cases. After follow-up for 50 months, 15 (32.7%) patients developed evidence of HD-related CVDs, where nine patients had ischemic heart disease and six patients had congestive heart failure. During follow-up, nine patients died: five patients died owing to CVDs, and four patients died owing to other causes. Table 1 shows demographic, laboratory, and clinical data for the study groups.

Fig. 1 shows PGC-1 α expression level. It was insignificantly downregulated in HD patients than in controls ($P = 0.07$).

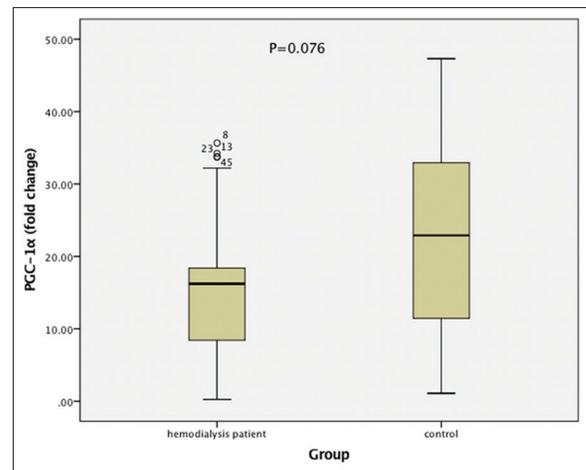


Figure 1: PGC-1 α expression in hemodialysis and control groups. PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

It ranged from 0.25 to 35.66, with a median value of 16.22. We also assessed COX6C gene expression level as one of the genes encoding mitochondrial OXPHOS proteins. It was significantly downregulated in HD patients than in controls; it ranged from 0.52 to 29.7, with a median value of 2.02 ($P < 0.001$) (Fig. 2).

There were significant associations between PGC-1 α gene expression and cholesterol ($r = -0.355$, $P = 0.006$) and triglyceride ($r = -0.336$, $P = 0.01$) (Table 2).

Plasma MDA was significantly higher in HD patients when compared with control group ($P \leq 0.001$) (Fig. 3). It ranged from 3.8 to 26.9, with a median value of 13.52. We assessed MDA to assess the relationship between PGC-1 α expression level and OS. MDA is one of thiobarbituric acid-reactive substances, which are products of OS-induced lipid damage. Figs. 4 and 5 show a significant negative association between PGC-1 α expression and MDA in both HD patient and control groups ($r = -0.73$ and $r = -0.76$, respectively, $P < 0.001$).

We found in patients who developed HD-related CVD, lower PGC-1 α gene expression ($P \leq 0.001$) (Fig. 6), lower COX6C gene expression ($P \leq 0.001$) (Fig. 7) and higher plasma MDA level ($P \leq 0.001$) (Fig. 8) when compared with HD patients without CVD. Moreover, patients with CVD showed significantly higher high-sensitivity C-reactive protein ($P = 0.039$), total cholesterol ($P = 0.004$), triglyceride ($P = 0.001$), and LDL levels ($P = 0.048$) (Table 3).

By multivariate regression analysis, we found that PGC-1 α gene expression was an independent predictor factor ($P = 0.017$) of CVD development, with an odds ratio of 1.583 (1.084–2.311), that is, every 1 U decrease in PGC-1 increases the probability of development of CVD by 1.6 folds. However, other factors became no longer significant (Table 4).

We found that HD patients who died showed lower PGC-1 α expression ($P \leq 0.001$) (Fig. 9), lower COX6C expression ($P = 0.004$) (Fig. 10), and higher plasma MDA ($P = 0.001$) (Fig. 11) when compared with survivors (Table 5). There was no

Table 1: Comparison between the two studied groups regarding demographic, clinical, and laboratory data

	Hemodialysis patients (n=58)	Controls (n=20)	P
Male	26 (44.83)	8 (40)	0.7
Female	32 (55.17)	12 (60)	
Age (years)	50 (22-58)	40.5 (28-55)	0.001
Duration of hemodialysis (months)	97 \pm 50		
Systolic blood pressure (mmHg)	142.7 \pm 7.1	117 \pm 4	0.001
Diastolic blood pressure (mmHg)	86.4 \pm 7.3	79 \pm 4.5	0.19
High-sensitivity C-reactive protein (mg/l)	6 (1-23)	1.5 (0.6-2.4)	<0.001
Creatinine (mg/dl)	9.25 (4.6-13.8)	0.7 (0.4-1.1)	0.001
Urea (mg/dl)	123.65 (59-225.1)	26.4 (17.2-34.9)	<0.001
Cholesterol (mg/dl)	190 (109-325)	173.5 (158-191)	0.083
Triglyceride (mg/dl)	173.5 (55-501)	151 (96-176)	0.048
High-density lipoprotein (mg/dl)	33.35 (14-58)	38.85 (35.1-42.9)	0.019
Low-density lipoprotein (mg/dl)	116.6 (58.8-241.8)	105.55 (95.8-132.8)	0.31
Hemoglobin (g/dl)	8.9 \pm 0.8	13.5 \pm 1.23	<0.001
WBCs ($\times 10^3$ /cmm)	8.1 (3.7-17.8)	5.9 (4.1-8.8)	0.006
Platelets ($\times 10^3$ /cmm)	186 (129-449)	236 (159-428)	<0.001
PGC-1 α (fold change)	16.22 (0.25-35.66)	22.9 (1.09-47.32)	0.07
COX6C (fold change)	2.02 (0.52-29.7)	21.5 (1.01-35.65)	<0.001
Malondialdehyde (nmol/ml)	13.52 (3.8-26.9)	4.24 (1.66-6.4)	<0.001

PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α ; WBC, white blood cell.

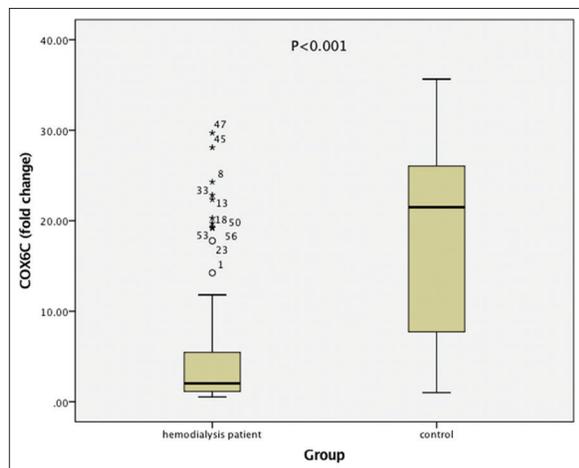


Figure 2: COX6C expression in hemodialysis and control groups.

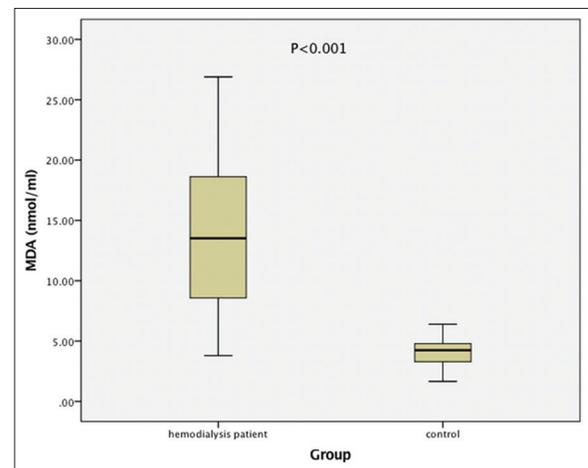


Figure 3: Malondialdehyde (MDA) in hemodialysis and control groups.

association between these parameters and mortality in these HD patients by using multivariate regression analysis (Table 6).

DISCUSSION

The hazard of mortality and CVD in HD patients is high. Increased mortality and atherosclerosis are owing to not only conventional risk factors but also enhanced OS and chronic inflammation. OS occurs when oxidant substances overcome antioxidants. OS increase appears in late stages of CKD and is enhanced by the HD procedure per se [7].

The mechanisms of OS related to the pathogenesis of CVD in CKD included uremic toxins bound to protein and chronic activation of the renin–angiotensin–aldosterone and sympathetic nervous system, leading to OS–inflammation–fibrosis processes [19,20]; advanced glycation end products, resulting

in receptor-mediated and receptor-independent increase of OS, inflammation, and vascular damage [21]; innate immune system activation, resulting in micro-inflammation and vascular dysfunction; and lastly, mitochondrial dysfunction, leading to ATP depletion [22].

On the contrary, increased OS in HD may be owing to situations present in HD patients like diabetes mellitus, dyslipidemia, hypertension, old age, and atherosclerosis [23]; reduction of antioxidant weapons; the associating chronic inflammation and prooxidant mechanisms activation by HD procedure [24], and reducing fruits and vegetables with malnutrition, leading to low vitamins intake (C, D, and E) [25]. Moreover, dialyzer membranes, anticoagulation, type of vascular access, and duration of HD session may participate in OS pathogenesis [23].

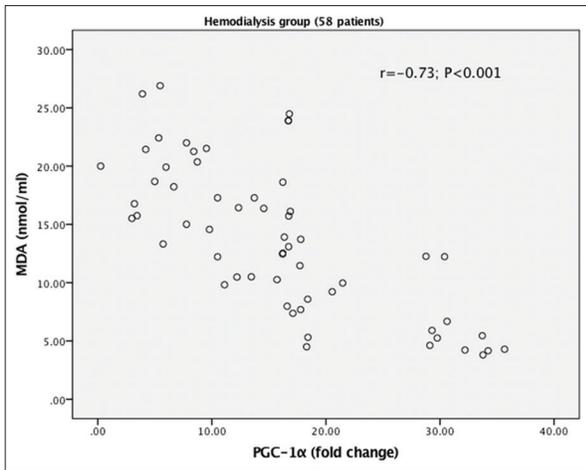


Figure 4: Correlation between PGC-1 α expression and malondialdehyde (MDA) in hemodialysis group. PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

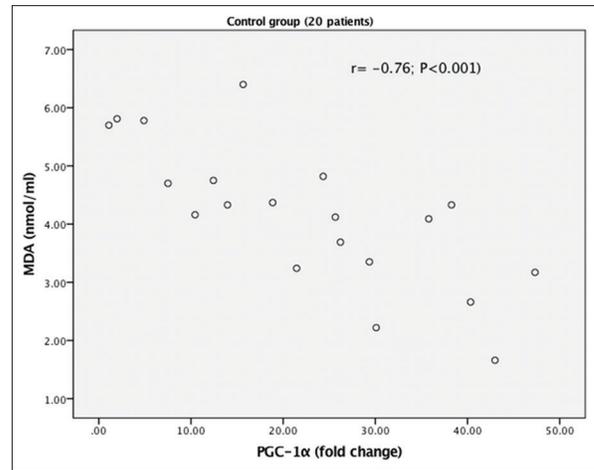


Figure 5: Correlation between PGC-1 α expression and malondialdehyde (MDA) in control group. PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

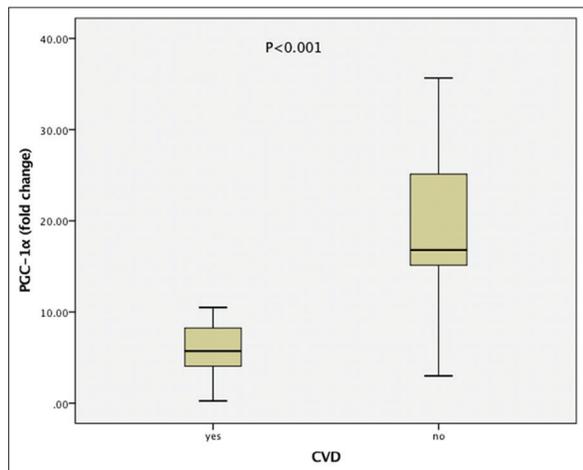


Figure 6: PGC-1 α expression in hemodialysis patients with and without cardiovascular diseases. PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

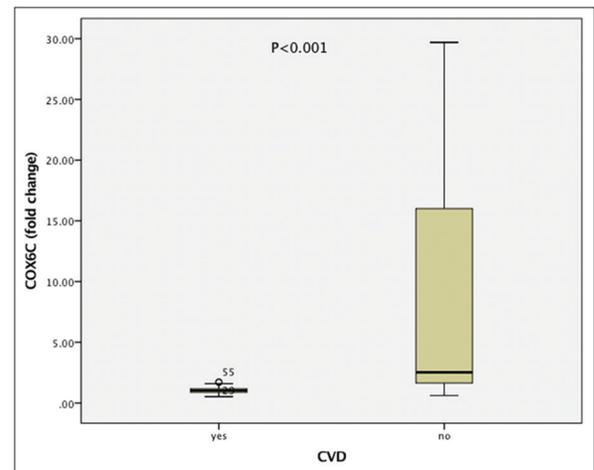


Figure 7: COX6C expression in hemodialysis patients with and without cardiovascular diseases.

Table 2: Comparison between the two studied groups regarding PGC-1 gene expression and laboratory data

	<i>r</i>	<i>P</i>
Creatinine (mg/dl)	-0.213	0.108
Urea (mg/dl)	-0.019	0.88
Cholesterol (mg/dl)	-0.355	0.006
Triglyceride (mg/dl)	-0.336	0.01
High-density lipoprotein (mg/dl)	-0.036	0.787
Low-density lipoprotein (mg/dl)	-0.252	0.056
Malondialdehyde (nmol/ml)	-0.741	<0.001

OS and mitochondrial deregulation are essential in several diseases, such as diabetes, CVD, and cancer [26]. ROS production mostly takes place in mitochondrial oxidative phosphorylation system via oxygen metabolism. Oxygen molecules are transformed to superoxide anions when some electrons are discharge from the electron transport chain

and directly convert oxygen molecules to the superoxide anion. In stress conditions, more electrons are discharged from the respiratory chain, leading to enhanced superoxide production [27].

CKD and HD patients had an increased intracellular ROS generation, which affected cell functions, destructing proteins, lipids, and nucleic acids [28], and reduced the action of many components of the cellular respiratory chains [29]. An enhanced formation of ROS owing to the effect of proinflammatory mediators leads to severe reduction of the oxidative phosphorylation system causing a compensatory ‘hypertrophy’ of its elements leading to a continuous discharge of ROS. Granata *et al.* [30] declared the inability to differentiate between CKD and HD patients regarding oxidative phosphorylation system and considered this observation as a genomic hallmark of CKD itself which is not changed by HD treatment. It was revealed that there is a strong relation between mitochondrial dysfunction and OS

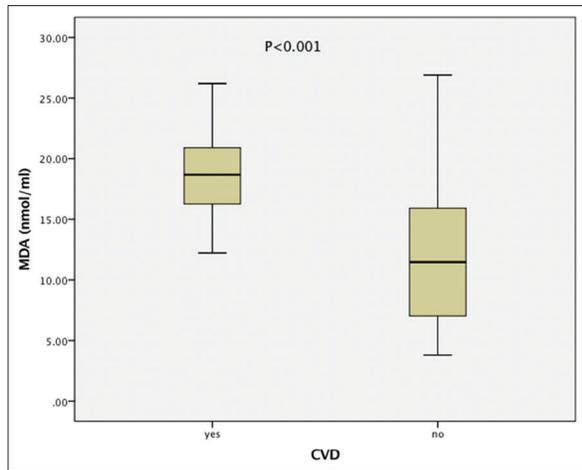


Figure 8: Malondialdehyde (MDA) in hemodialysis patients with and without cardiovascular diseases.

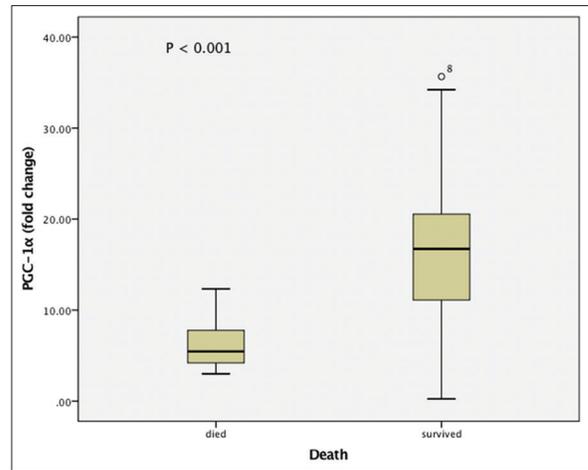


Figure 9: PGC-1 α gene expression in survived and died hemodialysis patients. PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

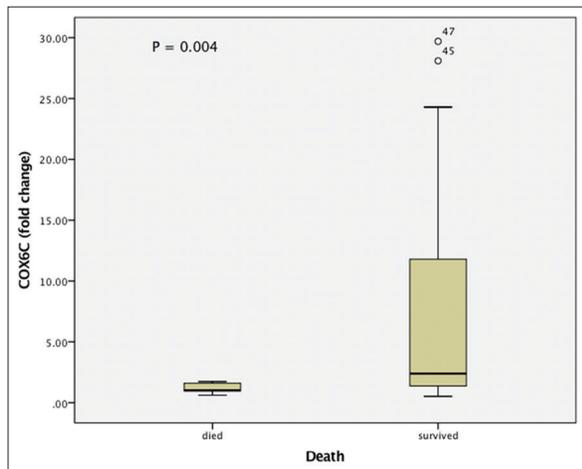


Figure 10: COX6C expression in survived and died hemodialysis patients.

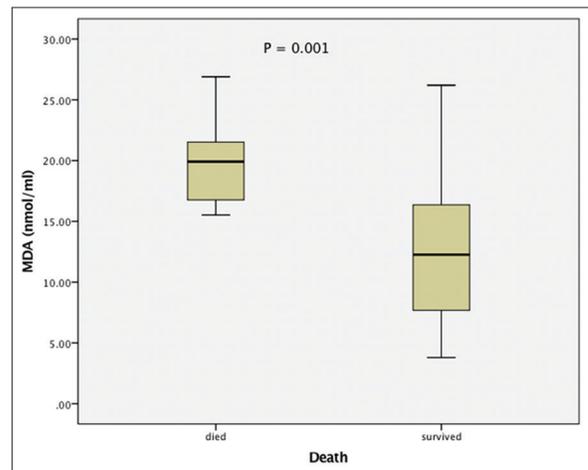


Figure 11: Malondialdehyde (MDA) in survived and died hemodialysis patients.

in (CKD) patients on conservative treatment and HD patients. The study by Gamboa *et al.* [31] concluded that mitochondrial OS and deregulation, evaluated by mitochondrial DNA copy number in Peripheral blood mononuclear cells (PBMCs), is elevated in HD patients more than stages 3–4 CKD patients.

Presence of chronic inflammation and malnutrition in dialysis patients is a common stimulator of ROS generation [32]. White blood cells and platelets are activated because of contact to bioincompatible dialysate, dialyzers, heparin utilization and intravenous iron injection, resulting in acute generation of ROS, after HD session start [33].

It is well known that anemia enhances OS in HD patients, whereas its correction improves the oxidation procedure [34]. It was observed that erythropoietin-stimulating agents decrease OS in HD patients [35], whereas Mircescu *et al.* [36] stated that erythropoietin-stimulating agent treatment in HD patients did not diminish OS in spite of correction of anemia. Utilization of central venous catheters for vascular access for long time and arteriovenous grafts and fistulae failure promote OS, inflammation, and vascular calcification [37].

Our real-time PCR assay showed that the expression extent of PGC-1 α included in mitochondrial oxidative phosphorylation system is significantly decreased in HD patients compared with controls. PGC-1 α expression manifests cellular energy requirements, in case of conditions of high energy necessities, giving rise to its expression [38]. We found also a decrease of COX6C gene, one of the PGC-1 α downstream genes encoding for oxidation phosphorylation system (OXPHOS) subunits, showing a decrease reduction in the OXPHOS activity. COX6C and COX7C, the two subunits of the cytochrome C oxidase (COX or complex IV), are the terminating enzyme of the mitochondrial respiratory chain. Moreover, HD patients in the present study had significantly elevated higher plasma concentration of MDA, which is an OS index [39], compared with normal participants. Decreased PGC-1 α expression was negatively correlated with MDA concentration. This is supported by the results of Elsayed *et al.* [40].

The origin of energy for cells are mitochondria, mitochondrial activity, and expression of PGC-1 α are increased in the

Table 3: Comparison between laboratory data of hemodialysis patients with and without cardiovascular diseases

	Cardiovascular diseases		P
	No [n=43 (74.1%)]	Yes [n=15 (25.9%)]	
Male	19 (44.2)	7 (46.7)	0.868
Female	24 (55.8)	8 (53.3)	
Age (years)	50 (22-58)	54 (47-58)	0.048
High-sensitivity C-reactive protein (mg/l)	4 (1-16)	9 (3-21)	0.039
Creatinine (mg/dl)	9 (4.6-13.4)	10.3 (5.8-13.8)	0.051
Urea (mg/dl)	122.5 (59-225.1)	137 (81.6-187)	0.29
Cholesterol (mg/dl)	184 (108-299)	216 (156-325)	0.004
Triglyceride (mg/dl)	151 (55-452)	238 (87-501)	0.001
High-density lipoprotein (mg/dl)	34 (14-58)	31 (22-47)	0.58
Low-density lipoprotein (mg/dl)	105 (58.8-223)	136 (95.6-241.8)	0.048
Hemoglobin (g/dl)	9.8 \pm 0.8	8.9 \pm 0.9	0.86
PGC-1 α (fold change)	16.79 (2.99-35.66)	5.72 (2.59-10.5)	<0.001
COX6C (fold change)	2.52 (0.61-29.7)	1.02 (0.52-1.73)	<0.001
Malondialdehyde (nmol/ml)	11.46 (3.8-26.9)	18.68 (12.22-26.2)	<0.001

PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

Table 4: Multivariate logistic regression analysis for factors affecting cardiovascular diseases development in hemodialysis patients

	P	Odds ratio	95% CI of odds ratio	
			Lower	Upper
PGC-1 α (fold change)	0.017	1.583	1.084	2.311
COX6C (fold change)	0.742	1.331	0.2430	7.307
MDA (nmol/ml)	0.783	1.036	0.808	1.328

CI, confidence interval; MDA, malondialdehyde; PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

kidney in the proximal tubule and medullary thick ascending limb of Henle, where the kidney requires a constant level of ATP to transport solutes along nephrons [41]. The expression of PGC-1 α was significantly decreased in kidney biopsy specimens taken from patients with CKD and in unilateral ureteral obstruction, and folic acid caused fibrosis models [42]. Recently, the study by Choi *et al.* [43] revealed that PGC-1 α may treat renal fibrosis. So, it is a good target for CKDs.

In agreement with our data, Li and Susztak [44] showed that reduced PGC-1 α expression and decrease fatty acid use are the main pathological mechanisms of CKD. In both acute and chronic kidney injury, the PGC-1 α mitochondrial, fatty acid oxidation axis is impaired, leading to energy diminution resulting in cell death.

Kidney biopsy specimens from patients with CKD showed reduced PGC-1 α expression than normal participants [45,46]. These data agree with ours.

Consistent with our study, Zaza *et al.* [47] reported downregulation of PGC-1 α and COX6C and COX7C genes in peritoneal dialysis patients' PBMCs. Moreover, there were high MDA concentrations.

Experimentally stimulation of PGC-1 α upregulation in diabetic kidney disease rat resulted in mitochondrial biogenesis

stimulation and renal function enhancement [48]. The increased formation of mitochondrial ROS was accompanied with reduced expression of PGC-1 α [49]. Induction of OS via inhibiting superoxide dismutase, which is a ROS detoxifying enzyme, indicates the contribution of OS in the pathogenesis of CVD in CKD [50].

Enhanced OS in HD patients is influenced by several factors such as age and uremic state. Membrane polyunsaturated fatty acid peroxidation by free radicals gives rise to some molecules such as MDA, which is helpful as an index for evaluating oxidative destruction. Presence of high serum MDA levels is observed in HD patients with CVD, than those without CVD, indicating the association of OS with the occurrence of atherosclerosis [51].

MDA epitopes present on dying cells in OS serve as waste markers for the immune cells, to be engulfed by phagocytes as a complement-mediated fast clearance. Meanwhile, increased formation of MDA epitopes with reduced clearance leads to proinflammatory responses. This is present in several chronic inflammatory diseases which are accompanied with diminished resolution such as atherosclerosis [52].

In consistence with our results, the study by Lakshmi *et al.* [53] revealed that MDA was significantly increased in HD patients when compared with controls. MDA, a small water-soluble molecule, can diffuse through dialysis membranes. Taking into consideration the clearance of MDA during dialysis, the ratio of MDA and creatinine was likely to give a better picture about MDA during dialysis. After correcting MDA for creatinine, they found a significant rise in MDA levels from predialysis to the postdialysis, suggesting that the elevation in MDA during HD was due to its increased generation owing to OS. This increase in post-HD MDA was a suggestion of the presence of OS during the dialysis session [54]. On the contrary, Ogunleye *et al.* [55] found similar MDA values before and after HD, which may be due

Table 5: Comparison between laboratory data of survived and died hemodialysis patients

	Mortality		P
	No [n=49 (48.5%)]	Yes [n=9 (15.5%)]	
Male	21 (42.9)	5 (55.6)	0.481
Female	28 (57.1)	4 (44.4)	
Age (years)	46.69 \pm 9.91	53.77 \pm 3.86	0.05
Cardiovascular disease: no	39 (79.6)	4 (44.4)	0.02
Yes	10 (20.4)	5 (55.6)	
High-sensitivity C-reactive protein (mg/l)	6 (2-21)	12.9 (9-23)	0.02
Creatinine (mg/dl)	9 (4.6-13.8)	10.9 (6.5-13.3)	0.16
Urea (mg/dl)	118.2 (69.9-225.1)	141.7 (59-187)	0.3
Cholesterol (mg/dl)	187 (109-325)	202 (155-310)	0.26
Triglyceride (mg/dl)	165 (55-452)	222 (87-501)	0.46
High-density lipoprotein (mg/dl)	33 (14-58)	35 (16-42)	0.75
Low-density lipoprotein (mg/dl)	115.4 (58.8-241.8)	136.1 (88.7-223)	0.34
Hemoglobin (g/dl)	9.6 \pm 0.8	9.4 \pm 0.7	0.32
PGC-1 α (fold change)	16.72 (2.59-35.66)	5.46 (2.99-12.34)	<0.001
COX6C (fold change)	2.39 (0.52-29.7)	1.02 (0.61-1.73)	0.004
Malondialdehyde (nmol/ml)	12.26 (3.8-26.2)	19.91 (15.52-26.9)	0.001

PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

Table 6: Multivariate logistic regression analysis for factors affecting mortality risk in hemodialysis patients

	P	Odds ratio	95% CI of odds ratio	
			Lower	Upper
PGC-1 α (fold change)	0.076	1.254	0.977	1.610
COX6C (fold change)	0.8860	1.104	0.284	4.288
MDA (nmol/ml)	0.213	0.872	0.703	1.082

MDA, malondialdehyde; PGC-1 α , peroxisome proliferator-activated receptor γ coactivator-1 α .

to taking samples 30 min after beginning dialysis leading to attaining equilibrium after HD.

Moreover, in agreement with our results, the studies of Rusu *et al.* [56], Wang *et al.* [57], and Liakopoulos *et al.* [58] found higher plasma concentration of MDA, well known as an OS marker, compared with normal participants.

Our patients were followed up for 50 months. We observed decreased PGC-1 α and COX6C gene expression and increased MDA plasma level in HD patients with CVD when compared with HD patients without. Our results confirmed the study by Elsayed *et al.* [40], which reported PGC-1 α and COX6C gene expression downregulation with enhanced MDA plasma level.

The current study showed that PGC-1 α gene expression was a predictor factor for CVD development but not increase in the risk of mortality by using multivariate logistic regression analysis. This is may be owing to relatively small sample size and consequently the small number of died patients. This is consistent with Elsayed *et al.* [40], who found decreased PGC-1 α gene expression and increased MDA in HD patients with CVD and HD patients who died. They also found that PGC-1 α gene is a predictor factor for CVD development

without association between PGC-1 α gene expression and MDA level with mortality.

The importance of OS in CVD pathogenesis in patients with CKD is established. Himmelfarb [59] reported that enhanced OS and its sequelae is the main sponsor to enhanced atherosclerosis and CV morbidity and mortality found in uremia. OS and inflammation cause decrease endothelial function and weaken vascular construction and function [60].

The study by La Russa *et al.* [61] reported that HD patients with previous cardiovascular episodes had elevated assays of OS and antioxidant barrier compared with patients without. In consistence with our results that showed in HD patients, the clinical and prognostic relevance of OS differed than normal people.

In Chronic renal failure (CRF), atherosclerosis occurs owing to endothelial dysfunction which leads to accumulation of atherosclerotic plaques. The severity of endothelial dysfunction is proportional to OS extent [62].

It is well known that mitochondrial changes occur in hearts as renal function is reduced. It was found that there was mitochondrial fragmentation and apoptosis, and cardiomyocyte dysfunction in hearts of mice subjected to bilateral renal ischemia reperfusion in an experimental design of cardio renal syndrome [63].

A significant cardiac dysfunction in PGC-1 α -deficient mice was found, showing significant cardiac dysfunction owing to severe decrease of oxidative phosphorylation genes expression and elevated ROS [64].

There was a positive association correlation between PGC-1 α expression in PMNCS and myocardial cells in patients sustaining a cardiac surgery. So, PMNCS PGC-1 α expression could be used to manifest the myocardial expression of PGC-1 α [65].

PGC-1 α gene could be a precious target for pharmacological interference in HD patients to decrease OS, and consequently decrease complications. Some studies in cell and animal models of diseases with mitochondrial dysfunction revealed better mitochondrial functions by PGC-1 α activation [66].

Acute kidney injury occurring in suprarenal vascular surgery, as well as cardiothoracic surgery requiring cardiopulmonary bypass, can be improved by enhancing PGC1 α expression or action [67]. Resveratrol, a PGC-1 α activator drug, acts by reducing PGC-1 α acetylation, leading to enhanced PGC-1 α activity and its downstream genes [68]. Meanwhile, there is a powerful restriction to utilize PGC-1 α in therapy, as its functions are extremely cell-specific. Therefore, it is important to assess new objectives targeting mitochondrial biogenesis [11]. The main limitations of our study were the small sample size, a single-center study, and the assessment of genes' expression only once at the start of the study. Regardless of these limitations, our study showed a delicate modulated intracellular biochemical network related to OS in HD patients.

CONCLUSION

We concluded that PGC-1 α could be a risk factor for the occurrence of HD-linked CVD. So, pharmacological modification of PGC-1 α protein activity might be a hopeful therapeutic way to minimize OS-related clinical complications in HD patients.

Recommendation

Further studies on a larger scale are required to evaluate the degree of risk of CVD accompanied with changes in these OS markers in HD patients.

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Conflicts of interest

There are no conflicts of interest.

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